

# ESSENTIAL<sup>3</sup>

AN AT-HOME RESEARCH STUDY

**At home, it's easier to manage essential tremor. We designed a research study to meet your loved one there.**



**If you're caring for someone with essential tremor, consider an essential tremor research study where they can participate from the comfort of their home.**

## **About the Essential3 Study**

The Essential3 study is an at-home research study evaluating an investigational drug, in accordance with FDA requirements, to see if it may improve your loved one's ability to complete everyday tasks, such as eating, drinking and dressing.

The Essential3 study has been designed so that your loved one may participate from the comfort of their own home. There is no travel or trips to the doctor's office required. The study encompasses the following:

- Home health visits with a study nurse
- Telehealth visits with the study doctor via your loved one's smartphone or tablet
- An assigned study nurse to guide your loved one through study participation
- Use of digital apps for the completion of questionnaires

## **How Does My Loved One Qualify?**

Your loved one may be eligible for the Essential3 study if they:

- Are 18 to 85 years old
- Have been diagnosed with essential tremor by a physician and had symptoms for at least 3 years
- Experience tremor in both arms/hands
- Have not had surgery for their essential tremor

If your loved one is currently taking medication for their essential tremor, they may be able to continue their usual treatment during the study.\*

\*The study staff can discuss any additional criteria for participation with your loved one.

**Why Take Part?**

If your loved one qualifies and decides to participate, they will receive:

- All study-related care at no cost
- Close monitoring by an experienced doctor and study staff who understand essential tremor
- The opportunity to advance medical knowledge and potentially help others with essential tremor

Your loved one's safety is the highest priority while participating. If they have questions or concerns at any point throughout the research study, they will have a direct contact who they can engage for support at any time.

Your loved one's participation is voluntary. They are free to withdraw at any time, and for any reason. Their privacy will be maintained throughout the study.

**For more information or to see if your loved one qualifies:**

**[www.Essential3Study.com](http://www.Essential3Study.com)**

