

# ESSENTIAL<sup>3</sup>

AN AT-HOME RESEARCH STUDY

**At home, it's easier to manage essential tremor. We designed a research study to meet you there.**



**Consider an essential tremor research study where you can participate from the comfort of your home.**

## **About the Essential3 Study**

The Essential3 study is an at-home research study evaluating an investigational drug, in accordance with FDA requirements, to see if it may improve your ability to complete everyday tasks, such as eating, drinking and dressing.

The Essential3 study has been designed so that you may participate from the comfort of your own home. There is no travel or trips to the doctor's office required. The study encompasses the following:

- Home health visits with a study nurse
- Telehealth visits with the study doctor via your smartphone or tablet
- An assigned study nurse to guide you through study participation
- Use of digital apps for the completion of questionnaires

## **How Do I Qualify?**

You may be eligible for the Essential3 study if you:

- Are 18 to 85 years old
- Have been diagnosed with essential tremor by a physician and had symptoms for at least 3 years
- Experience tremor in both arms/hands
- Have not had surgery for your essential tremor

If you are currently taking medication for essential tremor, you may be able to continue your usual treatment during the study.\*

\*The study staff can discuss any additional criteria for participation with you.

## Why Take Part?

If you qualify and decide to participate, you will receive:

- All study-related care at no cost
- Close monitoring by an experienced doctor and study staff who understand essential tremor
- The opportunity to advance medical knowledge and potentially help others with essential tremor

Your safety is the highest priority while participating. If you have questions or concerns at any point throughout the research study, you will have a direct contact who you can engage for support at any time.

Your participation is voluntary. You are free to withdraw at any time, and for any reason. Your privacy will be maintained throughout the study.

**For more information or to see if you qualify:**

**[www.Essential3Study.com](http://www.Essential3Study.com)**

